

# Your emergency supplies checklist.

Review the list below to see what you already have and what your family will need during the two weeks following a storm. Then take this list with you when you shop.

## Baby Care

- ☐ Bottles and pacifiers\*
- ☐ Diapers and wipes\*
- ☐ Food and formula\*
- ☐ Blanket and toys

## Cleaning Supplies

- ☐ Bleach (without lemon or any additives)\*
- ☐ Bucket, laundry detergent, mops, sponges, and rags\*
- ☐ Garbage bags/ties\*
- ☐ Paper towels\*
- ☐ Sealable bucket
- ☐ Squeegees with long handles

## Clothing/Bedding

- ☐ Bedding, for comfort on the road
- ☐ Extra clothing
- ☐ Hat and jackets
- ☐ Rain gear
- ☐ Sturdy shoes

## Communication

- ☐ Air horn
- ☐ Batteries for radio/TV\*
- ☐ Batteries for weather alert radio\*
- ☐ Battery-operated radio/TV
- ☐ Car charger\*
- ☐ Cell phone
- ☐ Cell phone battery (extra)
- ☐ Cell phone charger\*
- ☐ Landline phone with a long cord
- ☐ Distress flag
- ☐ Rabbit ears/TV antenna
- ☐ Spray paint
- ☐ Tablet or laptop and charger
- ☐ Weather alert radio\*
- ☐ Whistle

## Cooking Supplies

- ☐ Aluminum foil, plastic wrap, and large freezer bags\*
- ☐ Charcoal and lighter fluid\*
- ☐ Disposable cups, plates, and utensils\*
- ☐ Portable grill\*

## Currency, Keys, and Documents

- ☐ Cash and coins
- ☐ Credit cards
- ☐ House and car keys (extra)
- ☐ Insurance papers
- ☐ Personal identification

## For the Car

- ☐ Engine oil (extra)\*
- ☐ Flares
- ☐ Full tank of gas
- ☐ Jumper cables, tire pump, and jack
- ☐ State/regional paper road maps
- ☐ Tire patch kit
- ☐ Toolkit (screwdriver, pliers, etc.)

## Lighting

- ☐ Batteries for flashlight\*
- ☐ Batteries for lantern\*
- ☐ Battery-powered lantern\*
- ☐ Candles (if no children or pets in the home)\*
- ☐ Flashlight\*
- ☐ Lamp and lamp oil
- ☐ Utility lighter\*
- ☐ Waterproof matches, or matches in a waterproof container

## First Aid

☐ First aid essentials kit (for home and auto)\*  
If you have most of the supplies listed below, it may be easier for you to put together your own first aid kit.

- ☐ Alcohol cleansing pads\*
- ☐ Antibacterial ointment\*
- ☐ Antiseptic cleansing wipes\*
- ☐ Aspirin and nonaspirin pain relievers\*
- ☐ Burn relief pack
- ☐ Butterfly wound closures
- ☐ Cotton-tipped applicators\*
- ☐ Elbow and knee plastic bandages\*
- ☐ Emergency blanket
- ☐ Fabric bandages\*
- ☐ Finger splint\*
- ☐ Fingertip fabric bandage\*
- ☐ First aid tape\*
- ☐ Gauze and dressing pads, various sizes\*
- ☐ Ibuprofen\*
- ☐ Instant cold compress\*
- ☐ Itch-relief cream\*
- ☐ Knuckle fabric bandage\*
- ☐ Latex-free exam-quality vinyl gloves\*
- ☐ Patch bandages\*
- ☐ Plastic bandages\*
- ☐ Spot adhesive bandages\*
- ☐ Sterile eye pad
- ☐ Thermometer\*
- ☐ Trauma pad
- ☐ Tweezers\*

## Equipment and Tools

- ☐ Alarm clock\*
- ☐ Artificial ice blocks\*
- ☐ Batteries for alarm clock\*
- ☐ Batteries for drill
- ☐ Batteries for smoke detectors\*
- ☐ Battery-operated drill with bits
- ☐ Chainsaw, handsaw, pry bar, ax, and shovel
- ☐ Compass
- ☐ Digital camera
- ☐ Duct tape\*
- ☐ Entertainment items: cards, games, books, and toys for kids\*
- ☐ Extension and heavy-duty 3-pronged cords\*
- ☐ Fire extinguisher (small canister, ABC-type)
- ☐ Food storage containers\*
- ☐ Gas and gas can
- ☐ Generator
- ☐ Ice chest/ice\*
- ☐ Liquid detergent\*
- ☐ Manual can opener\*
- ☐ Paper, pen, and pencils\*
- ☐ Pest control\*
- ☐ Portable air conditioner
- ☐ Propane tank (full)\*
- ☐ Refrigerator thermometer\*
- ☐ Rope\*
- ☐ Scissors\*
- ☐ Small cooking stove and canned heat (outdoor use only)
- ☐ Smoke detectors for each floor
- ☐ Tarps and 2x4 lumber
- ☐ Tools (wrench, hammer, nails, and pliers)\*
- ☐ Utility knife\*
- ☐ Water purification tablets in plastic bag
- ☐ Water storage containers

- ☐ Work gloves\*

## Medications

- ☐ Antacid\*
- ☐ Anti-diarrhea medication\*
- ☐ Inhalers
- ☐ Insulin
- ☐ Medical support equipment (wheelchairs, extra battery if motorized, walkers, canes, dressings, oxygen and tubes, feeding equipment)
- ☐ Prescription drugs and copy of prescriptions
- ☐ Vitamins\*

## Pet Care

- ☐ Blanket
- ☐ Bottled water (1 gallon per pet/per day)\*
- ☐ Cage or pet carrier with bedding (label for identification)\*
- ☐ Cat litter and box\*
- ☐ Grooming supplies\*
- ☐ Leash, harness, collar, and tag\*
- ☐ Medications
- ☐ Muzzle
- ☐ Pet dishes\*
- ☐ Pet food\*
- ☐ Trash bags (small)\*
- ☐ Toys\*
- ☐ Vaccination records

## Personal Hygiene

- ☐ Alcohol-based hand sanitizer\*
- ☐ Antibacterial soap\*
- ☐ Batteries for hearing aid (extra)\*
- ☐ Body wipes\*
- ☐ Contact lens solution\*
- ☐ Contact lenses (extra)
- ☐ CPR breathing barrier
- ☐ Denture supplies\*
- ☐ Deodorant\*
- ☐ Disinfectant spray\*
- ☐ Disposable razor and shaving cream\*
- ☐ Disposable washcloths and towels
- ☐ Eye drops\*
- ☐ Eyeglasses (extra)
- ☐ Hearing aid (extra)
- ☐ Incontinence supplies\*
- ☐ Insect repellent\*
- ☐ Lip balm\*
- ☐ Menstrual products\*
- ☐ Mirror\*
- ☐ Moist towelettes\*
- ☐ Plastic sheet to line bathtub or large container
- ☐ Safety pins\*
- ☐ Sewing kit\*
- ☐ Sunglasses\*
- ☐ Toilet paper\*
- ☐ Toothbrush, toothpaste, or toothbrushing pads\*

\*Available at your neighborhood Publix

